

The Mid Valley News

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Study Reveals Promising Impact of El Monte's Guaranteed Income Program

The City of El Monte has proudly announced the successful impact of its pioneering Guaranteed Income Program (GIP), as revealed in the latest evaluation study. This pilot program, a collaborative effort between the City and RAND Corporation, with support from USC Sol Price School of Public Policy, has shown promising results in enhancing the well-being of 125 participants.

Launched in April 2023, the GIP aimed to provide \$500 in assistance to selected residents, mitigating the economic strain caused by the COVID-19 pandemic and enhancing their overall quality of life. The program attracted over 2,500 applications, with 125 individuals selected to participate in the pilot program. Eligible participants were female heads of household (no spouse present) with children under 18 years, experiencing economic strain due to COVID-19, El Monte residency, and with a verified household income at or below the poverty level based on U.S. Department of Commerce thresholds.

The impact evaluation study, led by



the RAND Corporation and USC Sol Price School of Public Policy, focused on a range of outcomes, including economic security, housing stability, health, and self-efficacy. Preliminary findings from surveys and focus groups indicate significant improvements in participants' lives.

Key statistics from the pre-intervention survey revealed a diverse participant age range, with a notable percentage of young adults. A majority

of participants identified as Latinx or Hispanic. Many reported experiencing depressive symptoms, feeling nervous or stressed most of the time, and debt influencing their life a great deal.

Preliminary findings of the impact of the GIP include reduced depressive symptoms, stress, anxiety, and economic strain. Participants also reported improved housing

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Rosemead School District Delivers A Golden Apple



The Rosemead School District Board of Trustees and District Administration proudly announce Mr. Mark Baum as the recipient of the esteemed Golden Apple Award for his exceptional volunteer work within the Rosemead School District.

This prestigious award serves as a testament to individuals who have displayed unwavering dedication and commitment to positively impacting students through their volunteer efforts.

Mr. Baum was honored during a special ceremony held on February 27, 2024, where he was accompanied by his wife, Mrs. Linda Baum, a retired teacher from the Rosemead School District.

The Golden Apple Award, organized by the North West San Gabriel Valley Association of California School Administrators (ACSA), celebrates the invaluable work and contributions of exceptional volunteers. It is bestowed

upon individuals who go above and beyond to support and uplift their district community.

"His dedication to serving and supporting our kids beyond the classroom earned him this recognition," shared Superintendent Dr. Alejandro Ruvalcaba.

"On behalf of the Board of Trustees, we congratulate and thank Mr. Mark Baum for his dedication to the Rosemead School District students as a long-time substitute teacher and coach to the Muscatel Running Team," expressed Board President Mr. John Quintanilla.

Mr. Baum's passion for volunteerism and his tireless efforts to create a better world align impeccably with the values that the Golden Apple Award seeks to honor.

This well-deserved recognition serves as recognition of Mr. Baum's exceptional contributions and his unwavering dedication to serving others, making a profound difference in the lives of Rosemead School District students.

The Rosemead School District extends its heartfelt congratulations to Mr. Mark Baum and expresses sincere gratitude for his invaluable volunteer work, which has significantly enriched the educational journey of countless students.

Mr. Baum's recognition with the Golden Apple Award stands as a testament to his outstanding contributions and serves as an inspiration for others to follow in his footsteps.

Parkview School Celebrates America



A beloved El Monte tradition, Parkview School's 49th Annual Americanism Parade succeeded in bringing the school and community together to celebrate America. Following this year's parade theme, "We Love America" the parade showcased the exceptional Head Start preschool and Transitional Kindergarten through 8th grade students, staff and families that make up Parkview School, as well as the many excellent programs including AVID, Leadership, Spanish Dual-Immersion, Students Run LA, Seaperch Aquatic Robotics, Chess Club, Renaissance, sports, cheerleading and more.

Leading off the parade, carrying the American Flag was 7th grade teacher, Diocelina Benitez-Ortegon the only current Parkview Eagle to have served

in the military. Benitez-Ortegon served in the Army National Guard and trained as a 91 Bravo Medic.

The joyful parade also featured El Monte Police Department personnel, Fire Department staff, Parkview's volunteers, Mountain View School District's (MVSD) maintenance and transportation departments, Think Together staff, Crossroads staff, El Monte Parks and Recreation programs, Safe Routes to School, Parkview alumni Fernando Andrade of the Manifest Destiny Foundation, and the exceptional marching bands, tall flags, drill teams and cheerleaders from South El Monte High School, El Monte High School and Mt. View High School.

Marching by classroom, the patriotic cheers from the students,

AMERICA >> PAGE 7



El Monte Union's Mural Unveiling Sets the Stage for Clean Mobility

El Monte Union High School District (EMUHSD) celebrated a milestone in its commitment to clean mobility awareness with a dynamic ribbon-cutting ceremony on Feb. 23, which marked the completion of an eye-catching 80-foot-long mural, visible to tens of thousands of commuters on the 60 freeway, and electric vehicle (EV) car wraps that aim to encourage the use of clean transportation. The projects marked the culmination of the District's Clean Mobility in Schools Pilot Project.

Students, administrators, project partners, parents, and representatives of local elected officials were also treated to a screening of the District's new "Clean Energy Careers" animation created by renowned artist Lalo Alcaraz. The new animation aims to inspire the next generation of students to explore career opportunities that can positively impact air quality.

"At the beginning of this project, we met with students to get a better understanding of what is important to them and how we can educate the community about clean mobility and wow did they really blow our minds with the type of answers they were providing," Alcaraz said during the ceremony. "From that meeting on, we took what we learned from them to create two animations, which feature the voices of El Monte Union

students and administrators, as well as this beautiful mural, and the car wrap designs."

The District also partnered with Alcaraz and his team at Pocho Villa Productions to create the animated short, "Taking a Healthy Ride on the Green Side," which focuses on how choosing green transportation options to get to school can improve community health.

"This project to electrify El Monte Union's vehicle fleet and promote clean energy has been a true team effort," EMUHSD Facility and Energy Manager Lena Luna said. "I am extremely proud of our transportation department, our bus drivers, and our students who have fully embraced this transition. Sustainability has been something our District has always advocated for, and we thank the California Air Resources Board for backing us every step of the way."

In 2020, El Monte Union was awarded a \$9.8 million grant by the California Air Resources Board (CARB) to fund a cluster of Clean Mobility measures that promote the use of zero-emission vehicles and clean transportation options for students, parents, and staff, while also developing innovative career technical education modules on clean energy careers for students.

The Clean Mobility in Schools Pilot Project transformed mobility for EMUHSD by adding 11 electric school buses to the fleet, 11 all electric utility



maintenance carts, six electric ride share vehicles, and charging infrastructure, enabling the District to serve more students and enhance safety through the development of School Mobility and Active Transportation Plans.

"Through the generous support from CARB and California Climate Investments, El Monte Union is helping to lower the harmful emissions that affect our community and our climate," EMUHSD Board President Ricardo Padilla said during the ribbon-cutting event. "There is no question that educating the next generation of students on clean initiatives, encouraging active transportation options, and preparing them to work in a green economy is a critical part of fostering a legacy of environmental stewardship."

The Clean Mobility in Schools Pilot Project is part of California Climate Investments, a statewide initiative that puts billions of Cap-and-Trade dollars

to work reducing greenhouse gas emissions, strengthening the economy, and improving public health and the environment – particularly in disadvantaged communities. For more information, visit emuhsdmobility.com.

"As we celebrate the completion of our wonderful Clean Mobility in Schools Pilot Project, I cannot overstate how incredible the impact of this initiative has been for our students and community," EMUHSD Superintendent Dr. Edward Zuniga said. "I want to thank CARB, our project partners in the private sector, Mr. Alcaraz, and our outstanding staff for working together to allow our District to be a part of this important project. By reducing emissions from transportation, we are contributing to cleaner air and a healthier environment for all the residents of our amazing community." (Story and Photo by VMA Communications)

Sports Medicine Education Takes Center Stage



The El Monte Union Sport Medicine Program students recently had an educational and immersive experience at the National Honors Society Sports Medicine (NHSSM) Seminar Field Trip. This exciting event provided students with hands-on activities and valuable insights into various aspects of sports medicine.

During the seminar, students had the opportunity to participate in practical sessions that focused on essential skills such as spine boarding, splinting, CPR, rehabilitation activities, and an interactive anatomy review. These hands-on activities allowed the students to apply their theoretical knowledge in a real-world setting,

fostering a deeper understanding of sport medicine practices.

The field trip not only provided a platform for learning but also offered a chance for the students to appreciate the achievements of basketball legend Kobe Bryant.

As part of the day's itinerary, the students had the privilege of visiting the new Kobe Bryant statue, paying homage to his contributions to the world of sports and inspiring future generations.

To finish the day, the students were treated to an exhilarating experience at Crypto.com Arena, where they witnessed a thrilling Clippers game. This experience not only served as a reward for their hard work but also allowed them to observe the practical application of sport medicine techniques in a live sports setting.

The NHSSM Seminar Field Trip proved to be an invaluable experience for the El Monte Union Sport Medicine Program students, providing them with a unique opportunity to enhance their knowledge, refine their skills, and gain practical insights into the dynamic field of sports medicine.

Educators Embrace the Power of AI



In an exciting initiative aimed at harnessing the potential of Artificial Intelligence (AI) in education, over forty enthusiastic teachers and staff recently participated in an enlightening workshop organized by the Outreach and Technical Assistance Network (OTAN).

The workshop commenced with an exploration of the fundamentals of AI, ensuring participants had a solid understanding of this rapidly evolving field.

Attendees then delved into the exciting world of AI prompting, discovering innovative ways to utilize AI to prompt critical thinking, problem-solving, and creativity among students.

One of the highlights of the workshop was the introduction of ChatGPT, a cutting-edge AI tool

designed to facilitate interactive and engaging conversations.

Educators were provided hands-on training on how to effectively leverage ChatGPT to create dynamic learning experiences, fostering deeper engagement and knowledge retention.

Ethical considerations were also a crucial aspect of the workshop, with educators gaining insights into the responsible use of AI in the classroom.

Discussions centered around ensuring the ethical and equitable application of AI technologies, while empowering students to become discerning consumers of AI-generated content.

The OTAN workshop served as a platform for educators to embrace the power of AI and explore its potential as a transformative tool in education.

Incorporating AI in education holds immense promise, and workshops like these are instrumental in empowering educators to leverage this technology responsibly and ethically.

Health & Fitness

Make Daikon Part Of Your Diet

Daikon is a sweet, mildly spicy root vegetable that resembles a plump white carrot. Also known as a white or Japanese radish, daikon is popular in many types of Asian cuisine and a great addition to your winter meals.

Benefits

This crunchy cruciferous vegetable is an excellent source of vitamin C, folate and antioxidants. In addition to being low in calories, some studies indicate that eating daikon:

- Helps protect against certain cancers and chronic conditions like heart disease
- Slows cognitive decline by helping to protect cells against oxidative damage
- Increases satiety and promotes



a healthy body weight

How to eat it

Daikon can be served raw or cooked. Often, it's thinly sliced for pickling or to be used as a garnish. However, it also makes a tasty addition to a variety of hot and cold dishes and can even be used in baked goods. This winter, try daikon pan fried or roasted. Additionally, the greens can be used in salads, soups and stir-fries.

How to store it

Keep daikon in a perforated plastic bag or wrapped in a damp towel in the fridge. It should last for several weeks. Store the greens separately.



MAKE EVERY MOVE COUNT

When you Move More every day, you can reach some pretty big goals over time. With motivation, dedication and great foot support, your small daily steps can add up to huge strides. Let your feet take you places you never thought possible!

- 10 Minutes** of stretching is like walking the length of a football field.
- 2.5 Hours** of walking every week for a year is like walking across the state of Wyoming.
- 30 Minutes** of singles tennis is like walking a 5K.
- 1 Hour** of dancing every week for a year is like walking from Chicago to Indianapolis.
- 20 Minutes** of vacuuming is like walking one mile.
- 30 Minutes** of grocery shopping every other week for a year is like walking a marathon.

Source: <http://www.purdue.edu/walktothemoon/activities.html>

EAT SMART ADD COLOR MOVE MORE BE WELL

For more ways to add activity to your life, visit HEART.ORG/MOVEMORE

5 Reasons To Increase Your Flexibility

Flexibility plays a key role in your overall fitness. In fact, stretching your muscles and joints on a regular basis can make a variety of everyday activities easier. Here are the five main benefits of increasing your flexibility.

1. It improves your posture and balance
2. It increases your range of motion
3. It reduces your risk of getting injured
4. It helps your muscles work more effectively

5. It reduces aches, pains and muscle tension

Furthermore, stretching after you exercise facilitates muscle recovery and repair. It also prevents lactic acid from building up and causing muscle soreness.

Keep in mind that stretching shouldn't be painful. Though it's normal to feel a pulling sensation, a sharp or stabbing pain means you've over-extended your muscles or joints, which can result in injury.

ACTIVITIES TO TRY

Stretching is just one of many ways to improve your flexibility. You can also try yoga, tai chi, water aerobics, Pilates, ballet and more. Consider signing up for a beginners' class in your area.



8 Wonderful Things About the Human Body

Some people think they're not all that special and believe their lives don't have much meaning. But that's not true. You and your children are wonderfully made.

The human body is a fascinating and intricate machine. A delicate balance that allows us to walk upright, run fast, climb high, and take an enormous amount of punishment and stress before breaking down.

This article is one of a series that will help you be a leader by shining a spotlight on the wonder of life. Here are eight wonderful things about to know about the human body that you probably didn't know.

- The average heart pumps 300 quarts of blood every hour. That's one gallon of milk a day for seventy-five days.
- Tongue prints are as unique as fingerprints.
- Underwater swimming is the only time you should hold your breath while exercising.
- Your body has approximately

60,000 miles of blood vessels – that's enough to wrap around the equator twice plus continue half way home.

• Muscle is 3x more efficient at burning calories than fat.

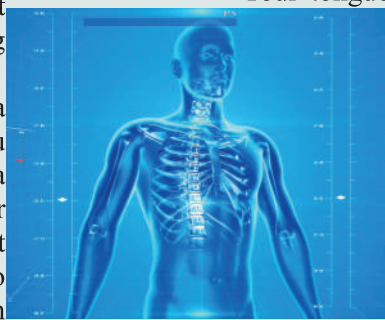
• There are around 640 muscles in the human body. Almost every muscle is one part of a pair of identical bilateral muscles, found on both sides.

• Your tongue is the only muscle in your body that is attached at only one end.

• If you didn't have valves in your veins, all the blood in your body would fall down, filling up your feet and legs like a bucket.

How your body moves, connects, and acts with others is part of what makes you wonderfully and fearfully made. Take advantage of this information and use it to inspire and motivate you to achieve your next goal.

'Til next week, remember...Love your body and improve your life.

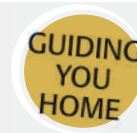


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Real estate REPORT



What Factors Into Real Estate Value?

A house is one of the most important investments you'll ever make, and appraisals can include some surprising criteria. Here are three factors that influence real estate value that have nothing to do with the house itself:

Public transportation

How close a home is to trains, buses or other forms of public transportation can affect its price. It may not matter to you but might to someone else if you choose to sell that home later.

Neighbours

Routinely noisy or otherwise disruptive neighbours can sometimes drive down the value of surrounding properties. If people are hoping to live in a home for many years, having to deal with a difficult neighbour might dissuade them from buying, driving down the demand for the house.

Trees

Many buyers will pay a premium price to have mature trees in their yard for the curb appeal, summertime shade and enhanced privacy they can provide.

When shopping for a new home, you shouldn't just research the homes themselves. Research what's around them too. Your real estate agent should have an extensive knowledge of the area as a whole to help you make the real estate choice that's right for you.



Save Money By Shopping For A Solar Panel Compatible Home

Solar energy technology has come a long way in recent years, and it's becoming a viable option for more and more homes as a means of both helping the environment and saving money. If you're in the market for a new home, consider looking for one that is a good candidate for a solar-panel upgrade.

You don't need to live in a region that's always sunny to benefit from solar panels. You do, however, need the right kind of roof. To be deemed suitable for solar panels, a roof should:

- Be made out of durable material such as asphalt or clay that can support the weight of the panels
- Not be surrounded by large trees or other features that would block the sun from falling on it
- Slant in a southerly direction so the sun hits it for the whole day

The Canadian government has various programs that support efforts to make homes more energy efficient, so if you're trying to find a fixer-upper, talk to your real estate agent about homes that are solar



panel compatible. In any case, installing solar panels can be complicated, so you should always consult an expert before you proceed.

Container Homes: By Any Other Name...

Buying a home isn't easy. In addition to all the paperwork and administrative details involved, purchasing a house can cost hundreds of thousands of dollars — all in all, it's a luxury that doesn't feel quite as attainable as it once did. Fortunately, there are alternatives to locking into a decades-long mortgage. Enter the container home.



authorities and show them examples of similar projects that have been successfully completed in the past.

Since authorization of your project could be a concern, especially in densely populated areas, you may want to consider a more remote location (or one with more relaxed building codes) for your container home.

Cost

The cost of your container home really depends on your particular wants and needs. Projects like these range from \$45,000 all the way to \$350,000 and more. Price will heavily depend on the location and features of the home you want to build.

The popularity of alternative forms of housing is a fairly new phenomenon, as are the many concerns that come into play when charting this kind of unexplored territory. That being the case, you might ask yourself how realistic it is to consider building a home out of one or more shipping containers. Let's break it down.

Building Permits

There's no surefire way to guarantee the approval of the construction of your container home. The approval process is highly subjective and varies from one location to the next, but there are ways to increase your chances. Present a detailed version of your building plans to the local

In short, a container home can be a completely viable alternative to going the conventional route of buying a regular house — provided that you've done all the necessary research.



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EYE ON FINANCE

Make Sure You're Prepared For A Financial Emergency

Even if you have a well-paying job, affordable living costs and few debts, it's important not to take a good financial situation for granted. Here are some steps you can take to prepare yourself for a financial emergency:

Have an emergency fund. Financial experts recommend creating a savings account with enough money to cover six months' worth of expenses. That way if disaster strikes, you're prepared.

Have adequate insurance. It's

disability insurance, which covers your expenses if you become ill or disabled and can't work.

Make sure to have credit available. In a financial emergency, you may need to bill expenses to your credit cards until you're able to pay them off. Before financial disaster occurs, however, it's important to do your best to avoid credit card debt and pay off your outstanding balances as quickly as possible.

Plan how to cut expenses quickly. Examine your expenses and identify where you can cut back. In an emergency, gym memberships and TV packages can be cancelled, and money spent on eating out can be reduced or eliminated entirely.

If you prepare for an emergency now, your financial plan won't be totally derailed if you're faced with a debilitating illness or injury, unexpected



essential to have renter's or job loss or costly damage to your homeowner's insurance in case of disaster. It's also a good idea to get

Glossary Of Investment Terms You Should Know

Are you too embarrassed to ask about the difference between stocks and bonds or what it means to "diversify" your investment portfolio? Here's a brief glossary defining some key investment terms.

Bonds: bonds are formal "IOUs" that specify how a loan will be repaid over time. Government bodies and corporations borrow money from investors to fund projects and pay them interest until the bond reaches maturity and is repaid in full.

Diversification: a diversified investment portfolio means having a mix of different assets to reduce risk. For example, you own stock in a variety of companies and also have bonds; you won't lose everything if one company fails.

Liquidity: liquid investments can be cashed in or sold quickly. This is important if you're investing on a short-term basis.

Mutual funds: with mutual funds, investors pool their money together into one professionally managed investment. An investing expert then determines where the money should go to generate the greatest returns for the investors.

Return on investment (ROI): the profit you make on an investment. It comes in two forms: income generated, including interest and dividends, and increases in values, which means you can sell your shares for a profit.

Stocks: stocks represent partial ownership of a company. When you buy stock, you become a shareholder and earn money when the company does well.



Now that you know some of the basic terminology, it's time to get your feet wet and start investing.

A Beginner's Introduction To Cryptocurrency

Cryptocurrencies like Bitcoin and Ethereum are digital currencies that allow people to make anonymous transactions electronically without involving third parties, such as banks, credit cards or companies like PayPal. This is appealing because third-party institutions often charge fees and slow down the transfer process, especially for large, international transfers. Cryptocurrencies eliminate the need for a middleman by using a peer-to-peer network that relies on cryptography — the practice of encrypting information so that only select people can read and process it.

These currencies are not only virtual but also decentralized, meaning that no government or central authority controls how much is in circulation. Instead, circulation is monitored by the user community, and transaction data is stored on computers across the world.

How blockchain works

Rather than using intermediaries, cryptocurrencies use blockchain technology to record and verify transactions. A blockchain is a list of all transactions that occur using a cryptocurrency, with each block representing a specific transaction. It can be accessed by anyone using the currency but is encrypted so your private information stays secure.

When you start using a cryptocurrency, you receive a digital wallet and a public and private key. Your private key is a string of letters and numbers that you use to sign a transfer to confirm that it's from you. Once entered, it becomes encrypted, but other users can use your public key to check that you've signed it with your unique signature.

So, how exactly do transactions

get recorded on the blockchain? When you enter your private key to send cryptocurrency, it spurs an encryption process that generates a complex math problem. Blockchain users compete to solve the problem by running high-powered computers that eventually find the solution to the algorithm. Solving the algorithm results in a new block being added to the chain.

The users competing to solve algorithms are called miners because the user who solves the problem first is rewarded in new digital coins. Each time a block is added, more cryptocurrency is generated. Mining cryptocurrency thus verifies transactions while rewarding the people responsible for keeping the blockchain updated.

Investing in cryptocurrencies

Financial experts are divided on whether cryptocurrency is the future of money or just a passing fad. In any case, at the moment cryptocurrency is a high-risk investment. Since digital currencies have no fixed worth or government backing, their value is purely speculative and can fluctuate wildly, even within a few days. If you buy cryptocurrency, spend only what you're prepared to lose.

Instead of buying cryptocurrencies, some experts recommend investing in companies that are developing blockchain technology. Blockchain has applications beyond cryptocurrency, and many people think that even if cryptocurrency doesn't last, blockchain could transform how we do business in the years to come. If you're looking for investment opportunities, consider buying stock in companies that are finding new uses for blockchain.

DID YOU KNOW?

Microsoft, Subway, Expedia and PayPal are some of the major companies that are now accepting certain cryptocurrencies as payment. Customers can pay for goods and services out of their digital wallets when making online purchases.



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Three Dot Lounge...

Cracker Barrel

by Mike McClure



...so the other day , after reading about Mr. Ed being from El Monte, a friend told me that she had grown up in El Monte. She was curious about a couple of things from her childhood.

One was the Lion Farm, to be honest I get questions often about Gay's Lion Farm, usually from people, like my friend, who think they remember hearing the lions but actually aren't old enough to have heard them.

Gay's Lion Farm was established in 1925 by Charles & Muriel Gay. The farm was where the 10 overpass crosses Peck here in El Monte.

If you look close there is a bronze statue of a lion there now, a twin to the one in front of El Monte H.S.

At its height of popularity there were over 200 lions there and it was one of the most popular attractions in So. Calif.

The Lion Farm was closed in 1942 during the war because they couldn't supply the ton of horse meat that the lions need for food each day.

There are many stories about

alleged escapes over the year but the most documented was in 1928 when someone left a cage door unlocked and some of the lions got out.

The trainer Joe Hoffman was mauled but was able to shoot and kill one of the lions while a local police officer shot another one.

Another question I get a lot is about the old duck farm in El Monte. I assume they mean the Woodlands Farms.

In truth I think that it was actually in Whittier. That was the big one west of the 605. With over 80,000 ducks it was...quite the smell. To this day I swear I can still smell it when I am driving South on the 605. Woodland Farms closed in 2001.

{NOTE: Joe Hoffman was not related to Chuck Hoffman, the current Vice President of the El Monte Historical Society, who helps us a lot when we are researching this column in our attempt to be accurate. Joe Hoffman, the trainer, died shortly after the encounter with the lion from infection of his wounds}

Working OverTime

by Cynthia Huizar



So much to do, and it is already March.

This year is going fast, Sunday it is time to set the clocks again an hour forward. Then its only three weeks until Easter.

But I am getting a head of myself.

This week we got a little break from the rain, Profe told me an old saying about March, "In like a lion out like a lamb" I hope he's right.

After all the rain we've had it certainly seems like March came in like a lion. Trouble with rain is that neither one of us likes to stay put, we want to get out.

I have told you about all the groups I attend. Yesterday I finally got to my VIP meeting at the Senior Center, we meet every Tuesday morning at 9:00 am and usually there is an interesting speaker from the city who comes by and then I can work out at the gym and have lunch, all without leaving the

building.

I went to the movies with a friend and then home. I admit, I don't understand people that don't enjoy retirement. I love it and I keep busy.

I am able to keep busy working on projects that I am passionate about, like housing.

For years I worked as a housing manager for a large company with many units. Currently the Rio Hondo Community Housing Corps in the El Monte area, is planning an event in June, the "Housing For All" conference. Where they will bring together experts in the field to discuss housing needs in the community.

Because of my work background I am really looking forward to being part of this, and I will keep you informed as I learn more about the details.

Stay busy.

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- DOWN**
- Brush alternative
 - Culture-growing turf
 - Long forearm bone
 - Satyr
 - City in Poland
 - *Delta Center location: _____ Lake City
 - Hole-in-one
 - Type of polyhedron
 - Raisin's breakfast companion
 - Denim innovator
 - Port in Yemen
 - Toker's pipe
 - Professional reviewer
 - Not pathos
 - Not hers
 - Shoulder rank display
 - Winnowing leftovers
 - Chicken in Mexico
 - Farewell in Paris
 - *School with most NCAA basketball titles
 - Back of the neck
 - Search blindly
 - Lightsaber beam
 - Olden days anesthetic
 - *_____ player
 - Garden starter
 - D.S., in sheet music
 - Dance club light
 - Female chicken
 - Speech at a funeral
 - Lacking guile
 - What speakers do
 - LSD, e.g.
 - Indian princess
 - Turkmenistan's neighbor
 - *Type of defense
 - One tenth of a dime
 - Airline postings, acr.
 - Type of pool
 - What means justify
 - Churchill's "so few"

- THEME: MARCH MADNESS
- ACROSS**
- Window addition?
 - Huge software company
 - Spill the beans
 - Watcher
 - Acronym, abbr.
 - Words to live by
 - Ocean-dwelling _____ ray
 - Polynesian necklace
 - "Once upon a midnight dreary" bird
 - *Fill-in-the-blanks, March Madness style
 - *"One _____ Moment"
 - Like jalapeño
 - Give off
 - Bean counter?
 - *Dominate opponent, slangily
 - *_____ -elimination tournament
 - Bricklayers' carrier
 - Wood sorrels
 - Jeweler's unit
 - Alight, past tense
 - Swings around
 - Spice Girl
 - Bubonic plague carriers
 - Away from wind
 - D'Artagnan's sword
 - *Elite Eight, or the _____ round of tournament
 - Bono's bandmate,
 - with The
 - Make a mistake
 - Landlord's due
 - Small lump
 - *State Farm Stadium state
 - *Not pro carrier
 - Chocolate substitute
 - Hot temper
 - Derived from oats
 - Cuckoo
 - Sir George Ivan Morrison's stage name
 - Baby at a recital
 - Have supper
 - Young newt
 - Many affirmatives

Riddles

A pet shop owner had a parrot with a sign on its cage that said "Parrot repeats everything it hears."

A young man bought the parrot and for two weeks he spoke to it and it didn't say a word. He returned the parrot but the shopkeeper said he never lied about the parrot. How can this be?

Though it be cold, I wear no clothes,
the frost and snow I never fear;
I value neither shoes nor hose,
And yet I wander
far and near;
My diet is forever good, I drink no cider, port,
nor sack;
What Providence doth send for food, I neither buy,
nor sell, nor lack.

3					4			8
	5		2			4	7	
				5		2		3
9					5		3	
		3				6		
	2		1					9
4		8		2				
	9	7			1		5	
6			3					4

**El Monte
From Page 1**

stability. The cash transfers provided through the program were primarily spent on basic needs such as food, rent, gas, and school supplies.

"The findings from the study are in line with results that we have seen from similar Guaranteed Income Programs across the country and internationally. Through direct financial assistance, we are able to see tangible and positive outcomes that contribute to the improved overall well-being of women and children who were hit the hardest during the pandemic," shared Dr. Emma Aguila, Associate Professor at the Sol Price School of Public Policy and Adjunct Senior Economist at the RAND Corporation.

In July 2023, the participants

received their first monthly cash transfer of \$500, and the final cash transfer is scheduled for May 31, 2024.

As the program progresses, participants will be offered financial literacy workshops, and a follow-up survey will be conducted to further assess the long-term impact.

The City of El Monte remains committed to supporting its residents through innovative initiatives like the Guaranteed Income Pilot Program. The program's early success underscores the potential of guaranteed income as a tool for social and economic empowerment in the community. By addressing the immediate financial needs of vulnerable households, the GIP has demonstrated its ability to positively impact the lives of participants, providing a foundation for future policies aimed at reducing inequality and improving overall well-being.

**Amercia
From Page 1**

celebrating their love for Amercia could be heard loudly as they made their way down the parade route lined with proud parents, community members, Parkview School retirees and students from surrounding schools.

"This is my first time attending the parade and it's a really cool event," said Memo Delgado, Parkview parent. "The school did a great job and it's a perfect weather for a parade too."

Back in their roles as Masters' of Ceremonies were George Schonborn, MVSD's Director of Pupil Personnel Services and Tony Lugo, retired MVSD administrator. Parkview's Teacher of the Year, Olga Gallegos and Classified Employee of the Year, Rebecca Prado were celebrated down the parade route and the Parade Grand Marshal, Norma Berumen, former Parkview Office Manager rode atop a convertible Mustang.

Viewing from the grand stands were MVSD Board of Education member Cindy Wu, Assistant Superintendent of Human Resources, Roberto Lopez-Mena, City of El Monte Councilman Martin Herrera, Pat Hines from Safe

Routes to School, as well as several MVSD administrators and staff members.

"We greatly appreciate our community coming out for our 49th annual parade," said Dr. Angelica De La Rosa, Parkview Principal. "So much work was put into this year's Americanism Parade with many meetings held and lots of manpower, and it all came together on this most beautiful day in February. Our parade is long standing Parkview tradition that is holding strong and I'm very proud of our students and staff for continuing the tradition."

The Americanism Parade is the culminating activity to a month of patriotic research, writing, language and activities Parkview students participate in during February encouraging their appreciation of America and its freedoms. The school is happy to host the beloved parade, helping to create life-long memories for Parkview students and families and looks forward to planning next year's 50th annual parade.

(Story and Photos Courtesy of Mountain View School District)

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Puzzle Answers

3	6	2	7	1	4	5	9	8
8	5	9	2	6	3	4	7	1
7	4	1	8	5	9	2	6	3
9	8	4	6	7	5	1	3	2
1	7	3	9	4	2	6	8	5
5	2	6	1	3	8	7	4	9
4	3	8	5	2	6	9	1	7
2	9	7	4	8	1	3	5	6
6	1	5	3	9	7	8	2	4

C	A	U	L	K	S	A	P	B	L	A	B		
O	G	L	E	R	A	C	R	C	R	E	D	O	
M	A	N	T	A	L	E	I	R	A	V	E	N	
B	R	A	C	K	E	T	S	H	I	N	I	N	G
		H	O	T	E	M	I	T					
C	P	A	W	H	U	P	S	I	N	G	L	E	
H	O	D	S	O	C	A	S	C	A	R	A	T	
A	L	I	T	S	L	U	E	S	P	O	S	H	
F	L	E	A	S	A	L	E	E	E	P	E	E	
F	O	U	R	T	H	E	D	G	E	E	R	R	
		R	E	N	T	N	U	B					
A	R	I	Z	O	N	A	C	O	L	L	E	G	E
C	A	R	O	B	I	R	E	O	A	T	E	N	
I	N	A	N	E	V	A	N	G	R	A	N	D	
D	I	N	E	E	F	T	Y	E	S	E	S		



State OF THE City 2024

FEATURING
MAYOR GLORIA OLMOS

THURSDAY, MARCH 14, 2024

**EL PALACIO HALL
1221 PECK RD. SOUTH EL MONTE**

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11:00 AM - 12:00 PM**

**PROGRAM
12:00 PM**

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 FOR THE 2024-2025 SCHOOL YEAR**

**INSCRÍBASE AHORA
 KÍNDER DE DÍA COMPLETO Y
 KÍNDER DE TRANSICIÓN (TK)
 PARA EL AÑO ESCOLAR 2024-2025**

- **Kindergarten/Kinder** - children must be 5 years old by September 1, 2024
 los niños deben tener 5 años antes del 1 de septiembre de 2024
- **TK** - children turning 5 years old between September 2, 2024 & June 2, 2025
 niños que cumplen 5 años entre el 2 de septiembre de 2024 y el 2 de junio de 2025

- | | | |
|--|--|---|
| <ul style="list-style-type: none"> • Biliteracy/Dual Language • Dual Immersion Spanish • Mandarin Enrichment | <ul style="list-style-type: none"> • Exceptional Early Literacy • Technology Learning • Free After School Programs and Enrichment | <ul style="list-style-type: none"> • Social Emotional Learning • Visual and Performing Arts • Character Education |
| <ul style="list-style-type: none"> • Alfabetización bilingüe/ lenguaje dual • Doble inmersión en español • Enriquecimiento de mandarín | <ul style="list-style-type: none"> • Alfabetización temprana excepcional • Aprendizaje tecnológico • Programas extraescolares y de enriquecimiento gratuitos | <ul style="list-style-type: none"> • Aprendizaje socioemocional • Artes visuales y escénicas • Educación del carácter |

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- Monte Vista School • Parkview School • Payne School



**GHI DANH HÔM NAY!
 NGÀY MẪU GIÁO
 VÀ MẪU GIÁO CHUYỂN TIẾP (TK)
 TUYỂN HỌC SINH NĂM HỌC 2024-2025**

**现在招生
 全日制幼兒園和過渡性幼兒園
 2024-2025學年招生**

- **Mẫu giáo** - trẻ em phải đủ 5 tuổi trước ngày 1 tháng 9 năm 2024
 幼兒園/幼兒園 - 兒童必須在 2024 年 9 月 1 日之前年滿 5 歲
- **Mẫu giáo chuyển tiếp** - trẻ em tròn 5 tuổi từ ngày 2 tháng 9 năm 2024 đến ngày 2 tháng 6 năm 2025
 TK - 2024 年 9 月 2 日至 2025 年 6 月 2 日期間滿 5 歲的兒童

- | | | |
|---|---|---|
| <ul style="list-style-type: none"> • Song ngữ/Song ngữ • Tiếng Tây Ban Nha • Tiếng Quan Thoại | <ul style="list-style-type: none"> • Biết chữ sớm vượt trội • Chương trình Công nghệ thông tin • Chương trình bồi dưỡng và miễn phí sau giờ học | <ul style="list-style-type: none"> • Chương trình cảm xúc xã hội • Nghệ thuật tạo hình và trình diễn • Giáo dục nhân cách |
| <ul style="list-style-type: none"> • 雙語能力/雙語 • 西班牙語/英語雙語沉浸式教學 • 中文強化 | <ul style="list-style-type: none"> • 出色的早期讀寫能力 • 學習信息技術 • 優秀的課後輔導 | <ul style="list-style-type: none"> • 社會情緒學習 • 視覺與表演藝術 • 性格培養教育 |

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 OF
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